

The Lord's Prayer Retreat

Leader Packet

Name _____

Prayer

1. What is Prayer?

- It is an **ACT** of **WORSHIP**.
- It is simply **TALKING** with God.

2. Does God hear everyone's prayers?

- 1 Peter 3:12
▪**NO** !
- John 16:23 – Why?
▪Must have **FAITH** and pray in **JESUS' NAME**

(Here we see that a prayer is something that a person who has faith can offer to God. So, are prayers from a non-believer really not prayers? We would see them as pleas to God or crying out to God. God will then hear and choose to answer that plea or cry according to his will.)

3. What kind of prayers can I bring to God?

- **A.C.T.S.**
- ADORATION**

(To adore something is to give it honor, praise, value, and importance to you.)

- CONFESSON**

(We acknowledge that we are sinners and although God already knows our sins, we confess them to him as we seek his forgiveness for our unfaithfulness and weakness.)

▪**THANKSGIVING**

(God is good and is good to us. We receive his blessings on a daily occurrence. We come to him with thankful hearts to offer our thankfulness for his faithfulness to us.)

▪**SUPPLICATION**

(In order for us to follow God we need to submit to his leading and will. Supplication means to request something. Here we are asking God to help us do something or for him to do something according to his will.)

4. I can pray to God...

- Philippians 4:6
 - For ANYTHING or ANYONE
- Ephesians 6:18
 - At ANYTIME and ANYWHERE
 - With any FITTING WORDS

Catechism Page 281

The Lord's Prayer

- Contains 7 Petitions.
- What is a Petition?
 - A petition is a REQUEST, something you ASK for, or DESIRE.

The Address

Our FATHER who art in HEAVEN

Catechism page 283: What does this mean?

What are the good qualities of a dad?

Brainstorm, with the rest of your table, attributes that make a good dad.
List the “TOP TEN” below according to your table.

10. _____
9. _____
8. _____
7. _____
6. _____
5. _____
4. _____
3. _____

2. _____

1. _____

The Best dad!

1. 1 John 3:1

▪ We are **CALLED** his **CHILDREN**

• Ephesians 3:12

▪ Approach with **FREEDOM** & **CONFIDENCE**!

How does this make you feel knowing that you can come to God with anything, because you are his child and he loves you?

We have a relationship with God!

2. What's the best gift you have ever received from your parents?

3. ABBA = "**DADDY**"

- We have a **PERSONAL** , positive **RELATIONSHIP** with God
- Matthew 7:9-11
- God wants to give you **GIFTS** and **BLESSINGS**

The 1st Petition

HALLOWED be thy NAME

Catechism page 286: What does this mean?

Hallowed

1. Hallowed means **HOLY**

- Revelation 3:7
 - "The words of the **HOLY** one, the **TRUE** one..."
 - **GOD** is **HOLY!**

(The holiness of God distinguishes him from his creation. He is perfect and above all sin that is in this world. We, as his creation, must understand that He is above all created things and is set apart from creation. He is not like us.)

2. How do we keep God's name holy?

- Jeremiah 23:28
 - "...but let him who has my word **SPEAK** my word **FAITHFULLY.**"
 - We **TEACH/SPEAK** God's word **FAITHFULLY/TRUTHFULLY**
- Ephesians 4:1 ~ "...**WALK** in a manner **WORTHY** of the **CALLING**..."
 - We **HONOR** God with the way we **LIVE** our lives.
- Matthew 5:16 ~ "In the same way, let your **LIGHT** shine before others, so that they may see your **GOOD WORKS** and give **GLORY** to your **FATHER** in heaven."

- We do **GOOD** deeds to others and give **GLORY** to God for the **ABILITY** to do them.
- 1 Corinthians 10:31 ~ “So, whether you eat or drink, or whatever you do, **DO** it all to the **GLORY** of **GOD**.”
 - We **YIELD/SUBMIT** everything we do and who we are to God’s **GLORY**.

(Yielding means to give way for another person. Here we are saying to God, “We will let you lead us and we want you to have the glory, not us.”)

3. What does this look like in your life? How can you do the following 3 things in your life right now?

Honor: _____

Good Deeds: _____

Yield: _____

Catechism Page 289

4. God’s **NAME** is revealed in His **WORD**

- Kept holy
 - By **TEACHING** God’s word **FAITHFULLY**
 - By **LIVING** God’s **WORD** faithfully
- Dishonored
 - By teaching **CONTRARY** to God’s word
 - By **LIVING** contrary to God’s word

The 2nd Petition

Thy **KINGDOM** come

Catechism page 290: What does this mean?

What is this Kingdom?

1. If you were beginning to establish a kingdom on this earth, what would be the top 3 attributes the people of your kingdom will experience?

2. Where does God establish his kingdom?

- Luke 17:20-21
 - It is **INSIDE** us

3. What/who lives inside us?

- 1 Corinthians 3:16
 - The **HOLY SPIRIT**
 - **WE** are his **TEMPLE**

4. What is a temple?

- Where **GOD DWELLS/LIVES**

5. Why is it important that God is the king of our lives?

- 2 Corinthians 5:15-17, 21
 - To LIVE a LIFE for God
- 1 Peter 4:11
 - We have God's STRENGTH
- Romans 14:13
 - Filled with HOPE, JOY, and PEACE
- John 8:31-32
 - We have been set FREE by his SACRIFICE and LOVE

(It is very important to understand this concept of God being our king. God knows so much more than we do, and has the power and strength to help us overcome the situations that come into our lives. His kingdom is one where we realize, experience, and show his will, mercy, grace, and forgiveness).

6. But I already have faith... why should I pray this?

- 2 Peter 3:17-18
- 2 Timothy 4:2-4
 - ▪ To keep our FAITH strong
 - ▪ To stand on God's TRUTH
 - ▪ To be READY to SHARE with others about my faith

7. Catechism Page 293

Christ's Rule

- Established
 - In our **HEARTS**
 - By the **HOLY SPIRIT**
 - Through the **WORD**
- Results
 - In our **BELIEVING** the Word of **SALVATION**

And

- **LIVING** a life **DEVOTED** to **GOD**

The 3rd Petition

Thy **WILL** be done on **EARTH** as it is in **HEAVEN**,

Catechism page 294: What does this mean?

What is God's will? What is his desire? What does he want? What do you think? Make a list 5 things you believe God desires/wants or is a part of his will for us and his world.

1. God's will

- His **WORD** is taught **FAITHFULLY & TRUTHFULLY**

- John 6:40
- 1 Timothy 2:4

▪**EVERYONE** believes and is saved

- 1 Thessalonians 4:1-3a

▪We **LIVE** for **GOD**

2. What does sanctified mean?

▪To be made **HOLY**

(We are made holy by the washing away of our sins in our baptism. Here we see that after our salvation, which is done solely by the work of Jesus Christ's death and resurrection, we then begin to live our lives for God's glory. Sanctification is the living according to God's will and desires. Loving others, serving others, caring for the needs of others, etc...).

3. What will heaven be like?

- Three “Heavens”

▪ Genesis 1: 6-8

a) ATMOSPHERE

▪ Genesis 1: 14-15

b) SPACE

▪ Luke 24:51

c) GOD'S ETERNAL HOME

- What will we see and experience?

▪ Revelation 21:3-7

▪ Revelation 22:1-6

- What questions do you have about what heaven will be like or what you'll experience?

4. How is God's will displayed on earth?

- Matthew 5:16
- Through **YOU!**

5. What is the purpose of life?

- Matthew 22:37-38
- **LOVE GOD & LOVE OTHERS**

What three things try to prevent God's will?

- 1 Thessalonians 2:18

SATAN

**Who is this Satan?
(Work through the following 5 questions)**

A. What are the names of the Satan?

- Matthew 4:1 **DEVIL**
- Matthew 12:24 **Beelzebul, prince of demons**
- John 8:44 **Murderer**

liar, father of lies

- 1 Thessalonians 3:5 **TEMPTER**

B. What does he want to do?

- 1 Peter 5:8 ~ Seeks to **devour** you

- John 10:10 ~ 3 things: He wants to steal and kill and destroy your faith, hope, joy, and life.

C. What does he know?

- Matthew 4:6 God's word
- Job 1:6-12 You

D. What does he disguise himself as?

- 2 Corinthians 11:14 ~ “disguises himself as an ANGEL of LIGHT”

E. What else do we know about the devil?

- Revelation 12:4, 9
 - a) “swept down a THIRD of the STARS (angels)”
 - b) Described as a DRAGON
 - c) “the DECEIVER of the whole world.”
 - d) He was THROWN out of heaven

What three things try to prevent God's will? (cont.)

- Matthew 18:7, 1 John 2:15-16
 - NEGATIVE parts of our WORLD

- What are 5 negative things you've seen in our world?

1. _____
2. _____
3. _____
4. _____
5. _____

- Galatians 5:16-17

▪ Our own **sinful** nature

- What are 5 things that are evident of how we follow our own sinful nature? What do we do, specifically, that goes against God's desires?

1. _____
2. _____
3. _____
4. _____
5. _____

6. What can we do through faith?

- James 4:7 ~ “**SUBMIT** yourself therefore to God.”
~ “**RESIST** the devil, and he will **FLEE** from you.”
- 1 Peter 5:8-9 ~ “Be **SOBER-MINDED**; be **WATCHFUL**. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. **RESIST** him, **FIRM** in your **FAITH** ...”
- Ephesians 6:10-18 ~ “Finally, be **STRONG** in the **LORD** and in the **STRENGTH** of **HIS** might. Put on the **WHOLE** armor of **GOD**, that you may be able to **STAND** against the schemes of the **DEVIL**.”

7. Catechism Page 299

God's will

- **GOSPEL** preached **PURELY**
- All people **BELIEVE** in **JESUS**
- **LIVE** a holy **HOLY**

Opposed by

- **DEVIL**
- **WORLD**
- **SINFUL** nature

But God

- **BREAKS** and **DEFEATS** them
- **STRENGTHENS** and keeps us **FIRM**

The 4th Petition

Give us this DAY our DAILY bread

Catechism page 300: What does this mean?

Your Blessings

1. What is daily bread?

- Psalm 145:15-16
 - FOOD
- James 2:15-16
 - CLOTHING & PHYSICAL needs

Who does God give “daily bread” to?

- Matthew 5:45
 - EVERYONE !

(God's love is not just exclusively for Christians. He loves everyone, John 3:16. Because of his love he provides food, clothing, and all basic needs to every human being, no matter what they believe).

What truth do we see here?

- James 1:17

- **EVERY BLESSINGS** is from **ABOVE**

- What should be our response?
 - Psalm 118:1
 - With **THANKS**
 - How might this look like in your daily life?

2. Our daily bread is...

Catechism Page 303

- All our **BODILY** needs

- God's **GRACIOUS** gift
- **RECEIVED** by us with **THANKSGIVING**
- Which we **TRUST** God to **SUPPLY** each day

The 5th Petition

FORGIVE us our trespasses **AS** we forgive those who trespass **AGAINST** us,

Catechism page 304: What does this mean?

1. What happened to us?

- Isaiah 59:2
 - Sin = **ANYTHING** bad we do in **THOUGHT**, **WORD**, or **DEED**.
 - **SEPARATES** us from **GOD**

2. What is this separation?

- Romans 6:23
 - “Wages of sin is **DEATH**,”
 - Both **PHYSICAL** and **SPRIRITUAL**

3. What does forgiveness mean?

- Psalm 51:1-12 (Write out the words/phrases David uses in these verses that describe forgiveness)
 - **MERCY**
 - **COMPASSION**
 - **BLOT OUT MY TRANSGRESSIONS**

- **WASH AWAY**
- **CLEANSE ME**
- **HEAR JOY AND GLADNESS**
- **REJOICE**
- **CREATE A PURE HEART**
- **RENEW MY SPIRIT**
- **RESTORE ME**

4. We pray that God will...

- Psalm 55:1-2
 - not **IGNORE** my prayer
- Psalm 66:20
 - not **REJECT** my prayer

(When we come to God in faith he will not ignore or reject our prayers. He will ALWAYS hear them and answer them. Sometimes with a yes, but there will be times when he'll answer us with a no or a wait it's not time).

- Psalm 69:16
 - **TURN** to me
- Isaiah 30:19
 - **ANSWER** me

(When you want to get the attention of someone and really want them to hear you, don't you want them to turn toward you and look you in the eyes? This is what we desire from God. And he does that. He always looks toward us and listens to the prayers of his people).

5. What does this lead us to do?

- Ephesians 4:32
 - To **FORGIVE** others
- How does God describe the method we should use in forgiving someone who has done wrong to us?
 - Matthew 18:15-17
 - Step 1: **GO** and talk with him/her
 - Step 2: Take **SOMEONE** with you if they choose to not listen to you the first time.
 - Step 3: Allow the **CHURCH** to help talk with the person (bring in a 3rd non-partial party)

(God is directing us to talk with the person who has sinned against us and talk with them about what they did and how it affected you. If they listen to you and apologize and the two of you can be reconciled, then the person must be forgiven. If they choose to not listen and you can't be reconciled, then you can bring 1-2 other people who understand the situation and talk with the person. If they listen, repent, and you can be reconciled, then you must forgive them. If they choose not to listen and you can't be reconciled, then you can bring a 3rd party, here Jesus says the church (pastor, youth director, trusted adult, etc...) to talk with them in order to move toward forgiveness and reconciliation).

6. Forgiveness

Catechism page 307

Means:

- God **GRACIOUSLY WIPES** all our **SINS** away for Jesus' sake.

Assures us:

- **GOD** graciously gives **ALL** that we **ASK** him in prayer

MOVES us to **FORGIVE** all who sin **AGAINST** us.

The 6th Petition

And LEAD us not into TEMPTATION,

Catechism page 308: What does this mean?

1. What is a temptation?

- James 1:14-15

- ANYTHING that can LEAD us AWAY from GOD

2. The same things that stop us from doing God's will are the things that bring temptation into our lives. What are those three things?

(Revelation 12:9; 1 John 2:16; 2 Peter 2:18)

- The DEVIL
- NEGATIVE things of the WORLD
- SINFUL nature

3. Peer pressure

- TWO types
 - POSITIVE
 - NEGATIVE
- List 2 examples of each?
 - Positive:

1. _____

2. _____

- Negative:

1. _____
2. _____

4. Does God tempt us?

- James 1:13-17

- “Let no one say when he is tempted, ‘I am being TEMPTED by GOD,’ for God CANNOT be tempted with EVIL, and he himself tempts NO one.”

- NO!

- Where does temptation come from?
 - Temptation comes from EVIL things not GOOD things.

(Temptation leads us to sin, therefore the good we receive cannot tempt us go against God's will/desire. It is evil that leads us away from God. If you receive a good thing and a temptation comes, it's not the good thing that you received, but something else that is tempting you to use the good thing improperly).

5. Life

- Luke 15:1-7
 - There are ON-RAMPS and OFF-RAMPS
 - Temptation LEADS us OFF God's path for our LIVES.
 - God wants to BRING us BACK to his PATH for us.

(God desires for us to stay on the path that he has designed for us to be on. The path is the life that we lead. He desires for us to live a life that loves him and loves others. Satan wants to get us off that path, therefore he will put temptations (off-ramps) in our way in order

to lead us away from the path God wants us on. But, God is wanting to keep us on the path, therefore he'll put people/events/situations (on ramps) that will keep us on our walk with him. We are faced with this truth and battle on a daily occurrence).

- How does God keep us on his path for our lives?
 - 1 Corinthians 10:12-13
 - Hebrews 2:18
 - ESCAPE from the TEMPTATION
 - Through faith we have Jesus living in us, therefore, He gives us POWER/STRENGTH to RESIST the temptation.

6. Temptation

Catechism Page 310

- Is any SITUATION in which we are LED by
 - the DEVIL, WORLD and/or SINFUL nature to
 - FALSE belief, to DESPAIR, or to great or SHAMEFUL sin.

God can

 - KEEP temptation AWAY

or

 - HELP us OVERCOME temptation

The 7th Petition

But **DELIVER** us from **EVIL**

Catechism page 312: What does this mean?

Evil

1. Where was evil originally confined to?

- Genesis 2:16-17
 - The tree of the **KNOWLEDGE** of **GOOD** and **EVIL**.

(In order to really appreciate good, evil must be present somewhere. God confined it to the tree of the knowledge of good and evil. Adam and Eve had no knowledge of evil, only good. They walked with God, talked with God, had fellowship with God. There was no bad/evil/pain/sorrow in the garden).

2. How did it leave the tree?

- Genesis 3:6
 - Adam and Eve **TOOK** and **ATE**

3. What is evil?

- Any **BAD** thing that's a part of our **LIFE** because of **SIN**
- When we pray "deliver us from evil" we assume that...
- **EVIL** will be a **PART** of our **LIFE**
- We can't **ESCAPE** it.

(This is the sad reality that we live in. Bad things are going to happen to us because we live in a world that has fallen to sin. Now that evil is in this world we will be affected by it. Sometimes it's due to the things we choose to do, and at times we are affected by the things others do. We truly can't escape the evil that's in the world).

4. How can God use the bad stuff in our lives?

- Romans 8:28
 - Bring **GOOD** from it

Brainstorm good things that can come from a bad thing at your table.

5. God's promise to us:

- Psalm 23:4
 - He will be **WITH** us
 - **COMFORT** us
 - Give us **STRENGTH**

(Even though we are affected by evil on a daily basis, we know God is always with us. Therefore we are not alone. His presence and the fact that we have the Holy Spirit living inside us, we know that he'll never leave us, he comforts us when pain/sorrow/hurt enters our lives because of evil, and he gives us strength to get through the situations and withstand the evil temptations).

6. When will we not have to worry about evil?

- Revelation 21:3-4
 - When we go to **HEAVEN**

7. Evil

Catechism page 314

- Satan
 - **BROUGHT** it into the **WORLD** by the **FALL**
 - Uses it to **MAKE** our lives **HARD**
- God
 - **KEEPS** it from us
 - **PERMITS** it to come but
 - **USES** it for our **GOOD**
 - **HELPS** us **BEAR** it
 - **DELIVERS** us from it **COMPLETELY** in **HEAVEN**.

The Doxology

For thine is the KINGDOM, and the POWER, and the GLORY forever,
AMEN!

Catechism page 316: What does this mean?

1. These 7 petitions are acceptable to God because...

- 1 John 5:14
- Matthew 6:33
 - Our PRAYERS are in line with his WILL/DESIRERS
 - We SEEK his WILL and KINGDOM

When we call something God's kingdom, that means he... RULES over it!

2. If it's his kingdom then...

- 1 Chronicles 29:11
 - He has POWER and GLORY
 - He is in CHARGE

(We call Jesus, Lord and King, but at times we don't live as if he is our Lord or King. In this prayer we are acknowledging him as the King of our lives and this world. We want him to be the king of our lives).

3. What does he have the power to do?

•ANYTHING he wants...

▪ **ACCORDING** to who **HE** is!

4.What does it mean to glorify something?

▪ To give it **HONOR** and **PRAISE**

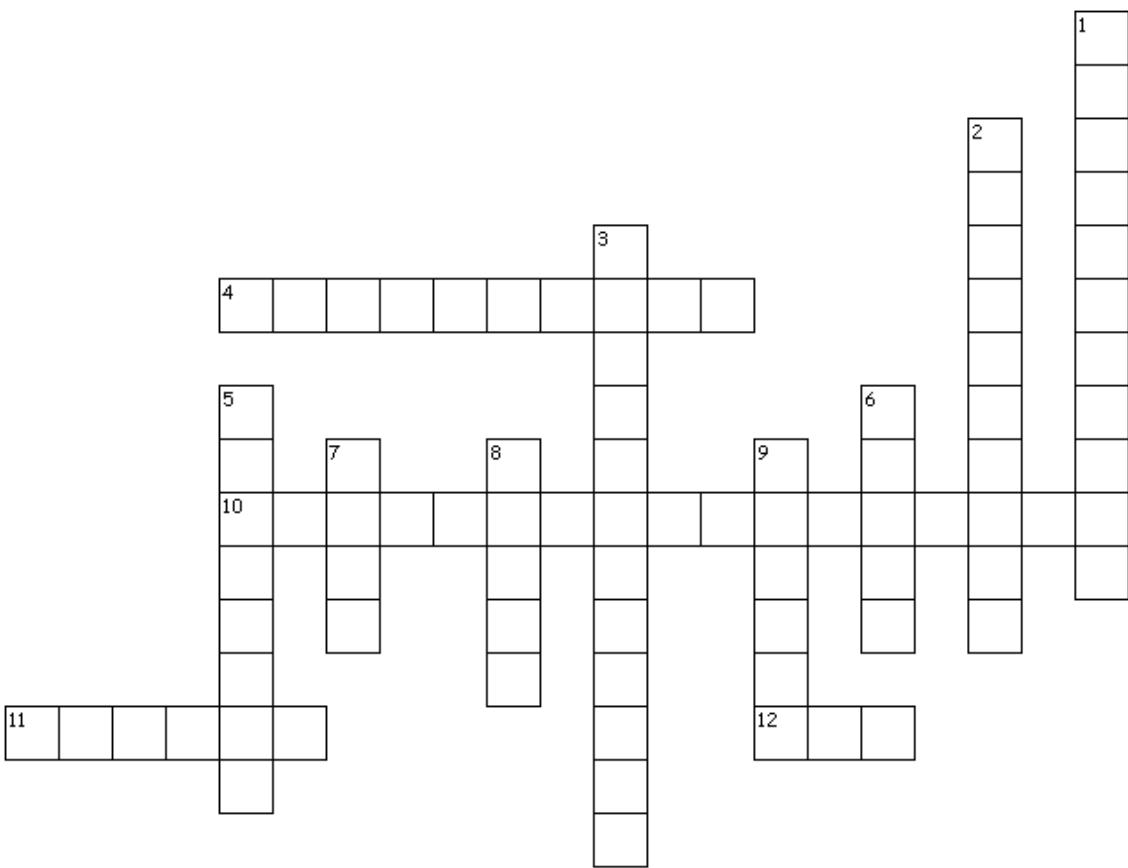
5.Why do we end with AMEN?

• James 1:6-7

- Because we are **CONFIDENT** that he **HEARS** our prayers because he **PROMISES** to **LISTEN** and **ANSWER** them.
- Amen = **THIS IS MOST CERTAINLY TRUE**
 - TRUE DAT!!
 - FACTS!

(We say Amen as a statement of agreement with what is being said. When it is said, “And all God’s people said amen,” we respond in agreement of what was just stated and say amen).

Definitions



Across

4. Anything that can lead us away from God
10. Our purpose in life
11. An act of worship
12. Anything bad we do in thought, word or deed

Down

1. God graciously wipes all our sins away for Jesus' sake
2. Gifts from God for all our needs
3. One of the three things that lead us away from God
5. Holy
6. One of the three things that lead us away from God
7. Any bad thing that's a part of our life because of sin
8. One of the three things that lead us away from God
9. God established his kingdom in our _____